

Grind
MENU

BREAKFAST (9.30- 3PM)

	NM	M
Raisin toast with butter [v]	\$4.35	\$3.90
Bacon & egg roll Fried or scrambled eggs, grilled bacon, brioche bun & tomato relish.	\$13.30	\$11.90
Grind's big breakfast Your choice of eggs, bacon, mushrooms, hash brown, chipolatas, grilled tomato & toasted sourdough.	\$21.00	\$18.90
Eggs on toast Your choice of eggs, toasted sourdough & grilled tomato. Add bacon + \$3.50	\$14.40	\$12.90
Eggs benedict		
With ham	\$17.70	\$15.90
With bacon	\$18.40	\$16.50
With smoked salmon	\$20.60	\$18.50
On brioche bun with wilted spinach & hollandaise sauce.		
Avocado on toast [v] Smashed avocado, smoked feta, hazelnut dukkah, rocket, balsamic glaze & toasted sourdough.	\$16.60	\$14.90
Add ons		
Egg	\$2.00	
Hash brown	\$2.50	
Bacon	\$3.50	
Mushroom	\$3.00	
Avocado	\$4.50	
Smoked salmon	\$6.50	
Gluten free bread	\$1.00	

BURGERS & SANDWICHES

	NM	M
Wagyu beef burger Beef pattie, caramelized onion, bacon, brioche bun, salad filling, cheese, BBQ sauce & chips.	\$22.20	\$19.90
Grilled chicken sandwich Chicken breast, salad filling, cheese, aioli, Turkish bread & chips.	\$21.00	\$18.90
Steak sandwich Rump steak, caramelized onion, cheese, salad filling, toasted ciabatta & chips.	\$23.40	\$21.00
Lamb burger Lamb pattie, salad filling, brioche bun, cheese, minted yoghurt, tomato chutney & chips.	\$22.20	\$19.90

LIGHTER OPTIONS

	NM	M
Vegetarian spring rolls [v] Sweet chili (4pc)	\$13.35	\$12.00
Caesar salad Cos lettuce, croutons, parmesan cheese, bacon, poached egg & caesar dressing. Add chicken + \$4.50	\$21.00	\$18.90
Thai beef salad Sliced beef, mesclun, cherry tomatoes, onion, cucumber, fried peanuts, fresh herbs & Thai dressing.	\$24.40	\$21.90

TOASTED/FRESH SANDWICHES YOUR CHOICE OF,

	NM	M
Ham with 2 fillings	\$7.70	\$6.90
Chicken with 2 fillings		
Salad only	\$6.60	\$5.90
Add ons		
Lettuce, tomato, beetroot, cheese, red onion, cucumber & carrots.	\$0.90	
Avocado or bacon	\$3.00	
Egg	\$2.00	
Add a side of chips	\$4.00	

TORTILLA WRAPS

	NM	M
Chicken & Caesar dressing	\$11.00	\$9.90
Ham & aioli	\$11.00	\$9.90
Salad only & aioli	\$9.90	\$8.90

All rolled with salad and cheese.

KIDS MEALS

12 YRS & UNDER

Chicken nuggets, chips & tomato sauce	\$9.90
Fish, chips & tomato sauce	\$9.90
Steak, chips & gravy	\$12.90
Cheeseburger, chips & tomato sauce	\$12.90

SIDES

Seasoned potato wedges, sweet chili & sour cream.

NM **\$10.60** M **\$9.50**

Sweet potato fries & aioli.

NM **\$11.70** M **\$10.50**

Chips & aioli.

NM **\$7.25** M **\$6.50**

Gravy **\$1.50**

HOT FOOD

	NM	M
Cheesy garlic and bacon baguette	\$11.00	\$9.90
Chili squid strips Flash fried, lemon & aioli.	\$16.60	\$14.90
Fish and chips Crispy battered whiting, chips, salad & tartare sauce.	\$21.00	\$18.90
Butter chicken Mild Indian curry, jasmine rice, papadum & coriander.	\$24.40	\$21.90
Chicken schnitzel Panko crumbed chicken breast, salad, chips & gravy. Make it a parmy + \$5.90	\$19.90	\$17.90
Beef nachos Corn chips, chili con carne, melted cheese, topped with sour cream & guacamole.	\$18.80	\$16.90
Seafood basket Battered fish, calamari, prawn, scallop, chips, lemon & tartare sauce.	\$23.40	\$21.00
Vegetarian lasagne Served with chips and salad.	\$21.00	\$18.90

COLD DRINKS

Iced coffee
Iced latte
Iced chocolate
Iced long black
Iced chai latte

NM	M
\$8.80	\$7.90

FRAPPES

Chocolate
Coffee
Mocha

NM	M
\$9.45	\$8.50

MILK SHAKES

NM	M
\$7.60	\$6.80

THICK SHAKES

Chocolate
Vanilla
Caramel
Lime
Coffee
Banana
Mango
Strawberry

NM	M
\$9.45	\$8.50

HOT DRINKS [CUP]

	NM	M
Espresso	\$4.70	\$4.20
Double espresso	\$5.00	\$4.50
Long black	\$5.25	\$4.70
Piccolo	\$5.25	\$4.70
Cappuccino	\$5.25	\$4.70
Latte	\$5.25	\$4.70
Flat white	\$5.25	\$4.70
Mocha	\$5.25	\$4.70
Chai latte	\$5.25	\$4.70
Dirty chai	\$5.80	\$5.20
Hot chocolate	\$5.25	\$4.70
Tea	\$3.90	\$3.50
Pot of tea for 1	\$5.35	\$4.80

English breakfast, chamomile, green tea,
ginger zing, peppermint & earl grey.

Upgrade to a mug + \$0.90
Extra shot + \$1.00
Grind size + \$1.80
Soy, oat, almond or lactose free milk + \$1.00
Caramel, vanilla & hazelnut syrup + \$1.00
[Decaf available]

HOUSE ICED TEA

Cranberry & Lime
Peach & Black Tea
Lychee

NM	M
\$7.25	\$6.50

SMOOTHIES

All smoothies are made with coconut water.
Detox – blueberries, banana, dates and boysenberries.
Reboot – mango, pineapple, banana and passionfruit.
Energise – strawberries, apple, pear, pineapple and dates.

NM	M
\$9.45	\$8.50

DESSERTS

	NM	M
Ice cream	\$2.25	\$2.00
Ice cream cone	\$4.45	\$4.00
Ice cream sundae	\$7.80	\$7.00

Served with sprinkles or crushed
peanuts, your choice of syrup, topped
with whipped cream and a wafer.